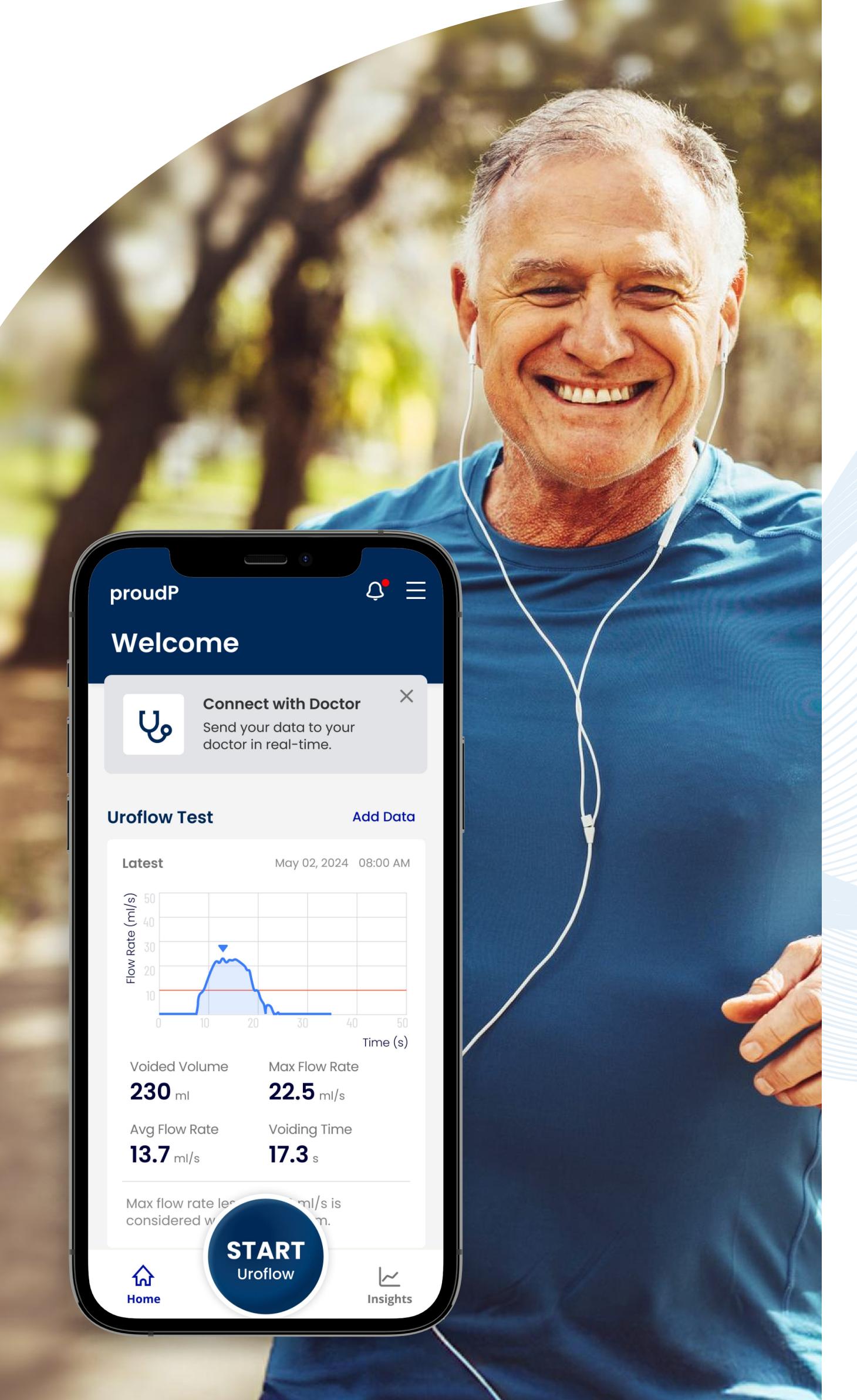
# Best Prostate Care Begins With

## proudP



#### Recognize the signs of BPH

BPH, or benign prostatic hyperplasia, commonly causes prostate enlargement as men age, affecting 50% of men by age 60 and 90% of men over age 80 (BPH Patient Guide, Urology Care Foundation).

Key symptoms include:

- A weak or slow urinary stream
- Difficulty starting urination
- Frequent urination, especially at night
- Urgency to urinate
- Inability to completely empty the bladder
- Dribbling at the end of urination

Unchecked, BPH can lead to complications such as UTIs or kidney damage. It's important to discuss various management options with your healthcare provider to improve your urinary health.

### Meet proudP®: Your At-Home Prostate Health Companion

proudP® revolutionizes prostate health management using a uroflow test, which measures urine flow and volume, providing crucial health data from the comfort of your home.

- Instantly record and review your uroflow metrics
- Monitor urinary symptoms conveniently
- Share detailed health data with your doctor
- Understand and track changes over time

proudP®, a US patented FDA Class II Uroflowmetry device, is committed to prioritizing your privacy and is in full compliance with HIPAA.

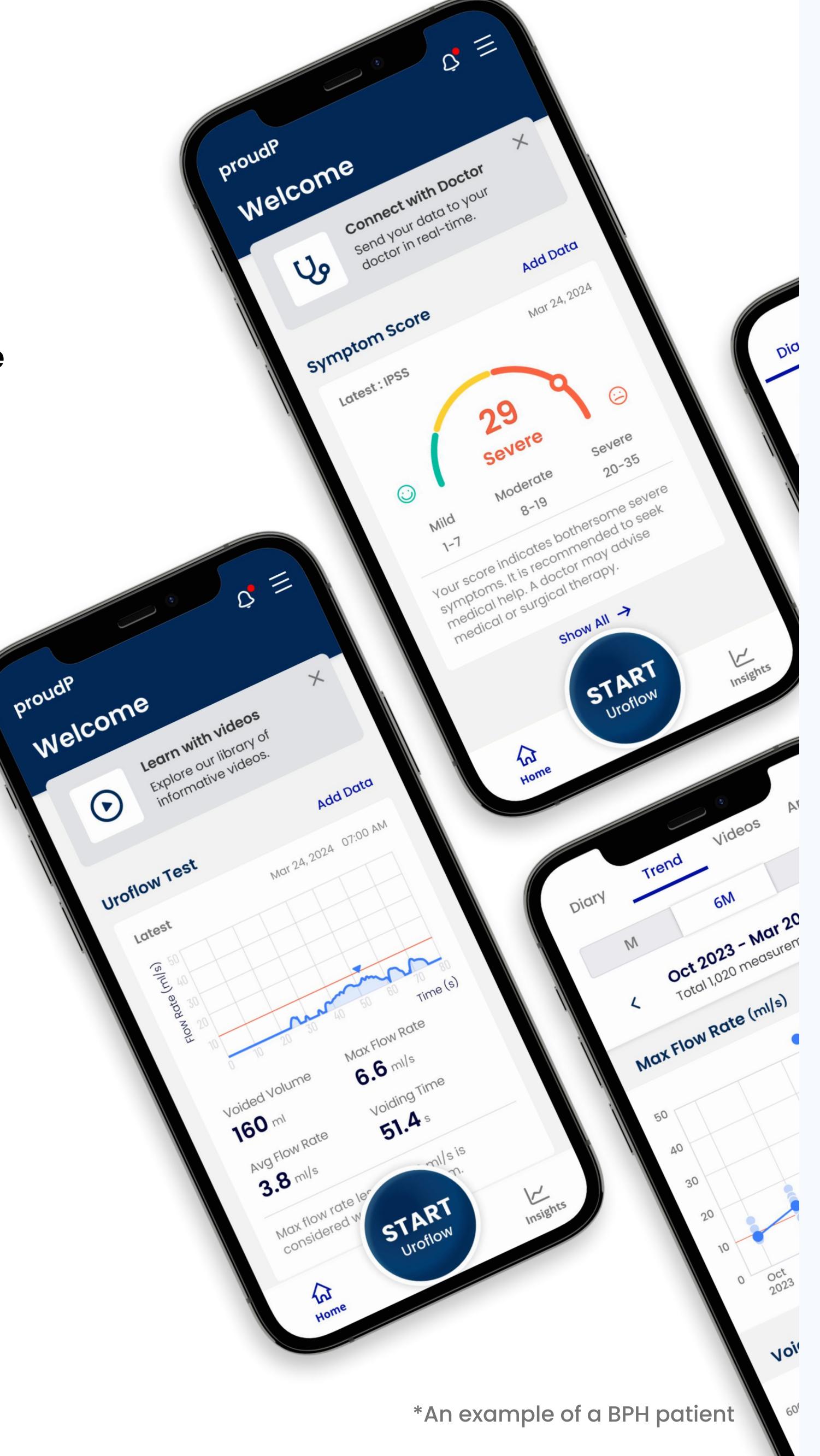
### Start Tracking Your Prostate Health Today

proudP® takes a comprehensive approach to make it simple to manage your prostate health. Performing uroflow tests at home help capture essential health information, enabling:

- Discreet monitoring
- Collection of objective data to guide the right decisions

#### Strengthen Your Doctor-Patient Relationship with proudP®

- Effective tracking and adjustment of treatment strategies
- Better informed medical decisions, tailored to your specific needs



Together, you'll track treatment effectiveness and adjust strategies as needed to optimize your prostate health.

#### Download proudP®

Point your phone's camera at the QR code for instant app access.







Contact Information:
Learn more at www.proudP.com or email us at support@proudP.com

#### **Important Safety Information**

proudP® is not intended to be, and should not be taken to be, nor do they replace (i)professional medical advice, screening, diagnosis, or treatment, (ii)the practice of medicine, or (iii) the provision of medical care.



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